Realising Their Potential -The New Professionals Conference

The IPANZ 2016 New Professionals Conference was held 28-29 July at Te Papa. The theme of the conference was 'Realising Potential – your contribution to New Zealand'.

The first day focused on the big picture and kicked off with Colin MacDonald talking about the purpose of the public service. He challenged new professionals to think about why they are here, and how can they remain relevant and continue to simplify in a truly citizen-centric way.

Delegates were then exposed to a range of perspectives, trends, and information about what was going on across government. This included information about the investment approach being used in agencies such as MSD, health and wellbeing trends, and a direct challenge from Judge Carrie Wainwright to "acquire a level of competence in te reo Māori". Experienced leaders shared their journeys and gave advice to the cohort on how to be authentic, value diversity, and be guided by personal values. "Success comes easier when you're doing what feels right for you," Mervin Singham said. Gill Greer echoed, "It's the direction you're going in that is important, not the speed".

Towards the end of the day delegates attended an expo of diverse and innovative projects across the public sector, where delegates could get a feel for some of the work going on. The day came to a close with a networking function.



ROWING THE ATLANTIC

On the second day, the focus turned inwards to how new professionals could better understand and develop themselves to be successful. The day kicked off with an inspirational tale of rowing the Atlantic by Kathy Tracey. She encouraged new professionals to think about the challenges they set themselves, and how to overcome barriers.

Before lunch, the participants broke into smaller groups and spent some time with a strengths-based facilitator. Delegates explored their own natural strengths, and how to use and develop these further in the workplace. Voice, Presentation and Performance Coach Maaike Christie-Beekman provided the group with some practical tools to help ensure their nonverbal communication was matching the

message they are trying to get across. The day then ended with a two-hour session led by Dr Paul Wood and Vanderson Pires on strategies to build personal resilience, including mindfulness.

Feedback from delegates was overwhelmingly positive, with many of them citing some practical takeaways that they could immediately apply to their work environment.

Comments included: "It was inspiring to see the passion of others in the public sector to improve people's lives. Also great that it got me thinking about the role of the public sector and what the future might look like."

"I enjoyed meeting great people, and knowing that I do have value to add to New Zealand's future - my contribution matters, and the generation above me knows it."

You can view conference speeches and photos at: www.ipanz.org.nz/npconference

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